# Meadow Heights Menus March 2024 

## Breakfast

| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
| :---: | :---: | :---: | :---: | :---: |
| Long John | Biscuit \& Gravy | Sausage, Oats \& Cinnamon Toast | Breakfast Bowl \& Toast | Chicken \& Biscuit |

Fruit and a variety of Milk offered daily.
Breakfast Bars offered daily.
Lunch

| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Fish Fillet on Bun Tater Tots Slaw Peach Cup |
| NO SCHOOL 4 | NO SCHOOL | NO SCHOOL ${ }^{6}$ | NO SCHOOL ${ }^{7}$ | NO SCHOOL 8 |
| 11 Macaroni \& Cheese Sweet Peas Blueberry Crisp | Crispy Chicken Legs Scalloped Potatoes Texas Toast Strawberry Cup | $13$ <br> BBQ Rib on Bun Corn on the Cob Baked Beans Cantaloupe | Sophomore Choice 14 <br> Popcorn Chicken Mashed Potatoes \& Gravy <br> Texas Toas $\dagger$ Peaches Oreo Fluff | Breaded Mozzarella Cheese Sticks Spaghetti Sauce Fresh Veggies/Ranch Green Applesauce |
| Spaghetti w/Meat Sauce Ranch Garden Salad Garlic Breadstick Bananas | Italian Combo Sub Lettuce/Tomato Dill Pickle Spear Carmel/Apple Slices | Nachos Lettuce/Salsa Taco Bean Dip Mandarin Oranges | Chicken Alfredo Steamed Broccoli Cheese Ripper Stick Grape Juice | Fish Shapes Sticks Macaroni \& Cheese Slaw/Beans Mixed Fruit |
| Dirty Fries <br> (BBQ Pork \& Cheese Sauce On Waffle Fries) Texas Toast/Cookie Applesauce Cup | Taco 26 Lettuce/Salsa Refried Beans Pineapple Juice | Mostaccoli Ranch Garden Salad Breadstick Pears | NO SCHOOL 28 | No SCHOOL ${ }^{29}$ |

Additional Elementary, Middle and High School Choices

| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays |
| :---: | :---: | :---: | :---: | :---: |
| Chicken Patty | Fish Sticks | Turkey \& Cheese Rollup | Cheese Ripper | Cheeseburger |
| Variety of Milk, Fruit, and Vegetables offered daily. <br> Chef Salads will be offered to Middle School and High School. <br> Menu subject to change according to availability. <br> The USDA is an equal opportunity provider. |  |  |  |  |

